

Congratulations to the Pagett's! Emily Marie arrived on Sunday, March 2 and weighed 7 lbs. 8 oz.



"If it's on the internet, it must be true..."

Looking for a reliable source of information to help you deal with life's many challenges?

You probably know that we have an Employee Assistance Program, and that many people utilize EAP in time of crisis. But you may be surprised to find that your EAP is a helpful resource in dealing with life's every day circumstances.

Warren Shepell's online resource library is free and easy to use. You'll find information, articles, helpful links, and FAQ's on nearly every issue you could face in your career, personal life, and relationships. This website is a reliable and confidential place to gather information. It also offers recommended reading lists, self-help tools and work pages, even access to counselors.

The list of topics is vast – mental & physical health, childcare & parenting, relationship matters, finances, legal advice and personal growth - just to name a few.

Check out www.warrenshepellservices.com as a starting place for getting the reliable information you deserve.

THE SECRET LIFE OF...RANDY STEINMAN

Crowded Maze is not Randy Steinman's first book. When he was 7 years old, he wrote a book about a groundhog. "I remember being disappointed that nobody ever read it except my parents, my grade two teacher, and my principal," muses Randy.

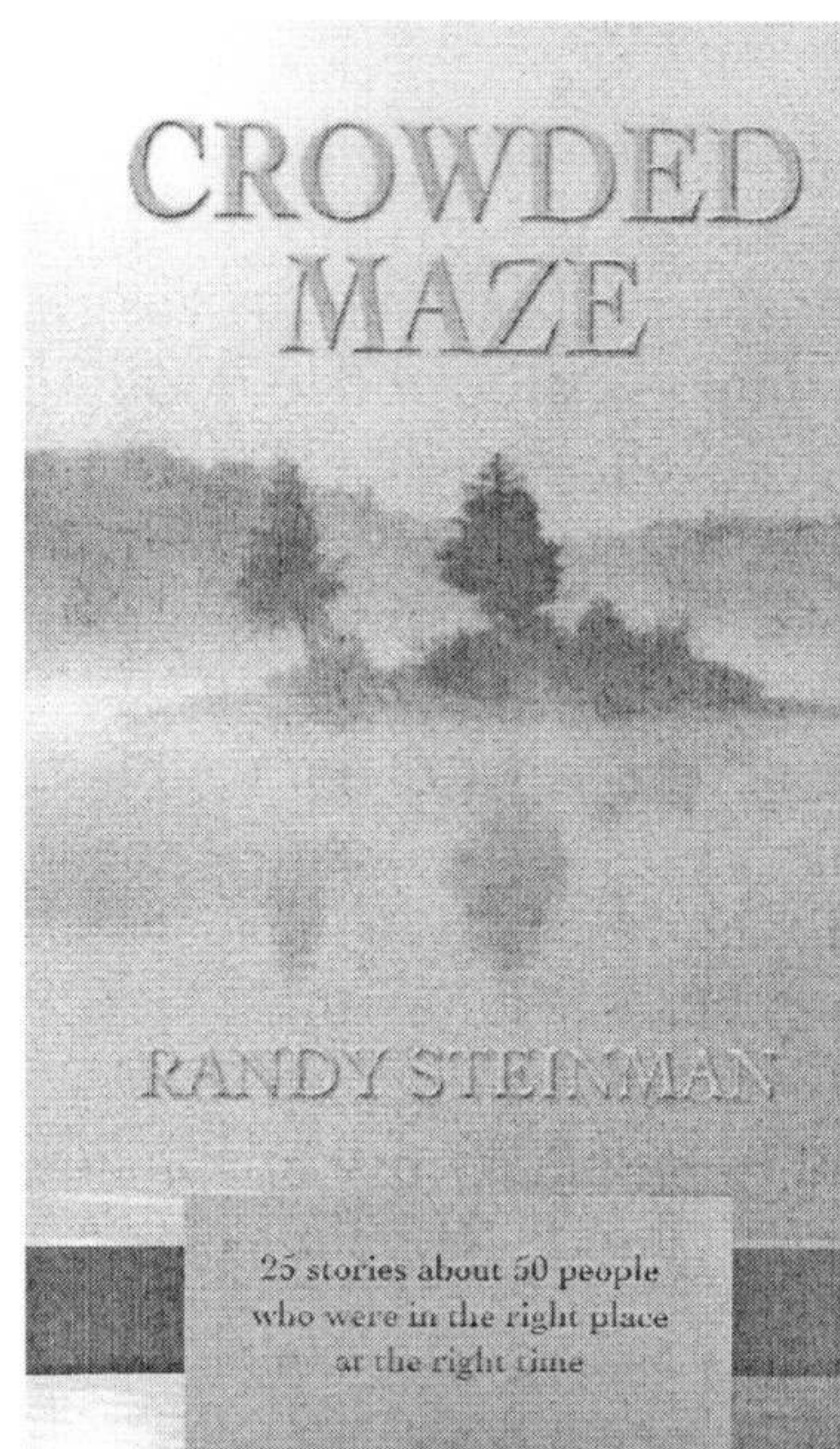
Many more people are certain to read *Crowded Maze*, a collection of broadcasters "how we met" stories. Randy has known some of these people for 30 years, while others he only met a few months prior. What all these people share in common is interesting and unusual stories of finding each other and falling in love.

We all know how busy Randy is...so when did he find the time to write a book?! Randy says he began two and a half years ago, writing mostly on the weekends and vacations, adding, "it gave Sheryl plenty of peace and quiet."

Oprah and Larry King haven't called yet, but we all know it's just a matter of time.

Congratulations Randy - WE'RE PROUD OF YOU.

You can read more by logging on to:
www.crowdedmaze.com.



For every copy purchased by a CTV SWO employee, a \$5 contribution will go to a trust fund for 10 year old Brayden Reekie. Brayden is the son of former CKCO Director Paul Reekie, who passed away suddenly in 1998.

Happy Anniversary!

Earl Pierson	Feb 7 - 37 yrs.
Art Baumunk	Mar 25 - 30 yrs.
Tom Keller	Apr 23 - 29 yrs.
Wolf Urschel	Apr 19 - 26 yrs.
Linda Radcliffe	Mar 26 - 24 yrs.
Joan Somerville	Feb 1 - 19 yrs.
Tom Knowlton	Mar 11 - 8 yrs.
Kendra Roberts	Apr 23 - 7 yrs.
Carla Fitzsimmons	Apr 12 - 6 yrs.
Steve Langan	Feb 3 - 5 yrs.
Nicole Lampa	Feb 16 - 4 yrs.
Ashley Cross	Feb 8 - 3 yrs.
Kyle Christie	Mar 7 - 3 yrs.
Jennifer Baker	Apr 16 - 3 yrs.
Leon Bordage	Feb 6 - 2 yrs.
Venus Razzaghi	Feb 17 - 2 yrs.
Randy Sachs	Feb 17 - 2 yrs.
Michelle Sage	Feb 17 - 2 yrs.
Andy Barbato	Feb 22 - 2 yrs.
Julie Schanzenbacher	Apr 3 - 2 yrs.
Joel Bowey	Apr 17 - 2 yrs.
Niall McGee	Feb 24 - 1 yr.



Happy Birthday!

Julie Schznzenbacher	Feb 4
Trina Maus	Feb 9
Vicki Gough	Feb 10
Michael Melling	Feb 11
Frank Lynn	Feb 13
Lia Rosekat	Feb 15
Jamie Niven	Feb 19
Stephanie Watson	Feb 21
Jordan Fricker	Feb 21
Janet Taylor	Feb 23
Jennifer Baker	Feb 23
Jenn Wagner	Feb 27
Ric Bon	Mar 1
Joan Somerville	Mar 6
Janine Grespan	Mar 6
Joe Ulmer	Mar 8
Chuck Summers	Mar 10
Brent Hanson	Mar 13
Gary O'Neil	Mar 14
Terry Kelly	Mar 16
Paul Moser	Mar 18
Steve Lowe	Mar 20
Jennifer Fergusson	Mar 28
Darren Stevenson	Apr 4
Kyle Bowden	Apr 4
Art Baumunk	Apr 6
Ashley Cross	Apr 9
Frank Parsons	Apr 14
Rick Smith	Apr 16
Tom Keller	Apr 23
Pamela Sahli	Apr 24
Abiey Lema	Apr 30



"AFTER THE TSUNAMI: CITIES HELPING CITIES"

Sunday, March 23rd, at 6:30pm

AFTER THE TSUNAMI: Cities Helping Cities, chronicles the work of four Canadian volunteers in Sri Lanka. A garbage collector, two tax collectors and a business planner go beyond rebuilding homes and businesses destroyed in the tsunami. Their expertise is helping rebuild at a core level, such as dealing with garbage, a huge problem in the developing world. Untreated rubbish attracts mosquitoes that carry malaria. You'll see how a Windsor volunteer taught one community to cut its garbage in half!

Then, there's the story you won't see on TV - the trip almost didn't happen! After months of planning, tickets purchased, hotels and transportation booked, Sri Lanka's High Commission did not grant Daiene Vernile a travel visa (*long story - ask her about it*). So, the day before departure, the trip was officially off. Then suddenly, the next day, the visa was miraculously approved; Daiene had 45 minutes to pack! All went well, except, she forgot her p.j.s, bug spray, notepad....