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#### King Street Cooks: Baked Salmon with Olives, Green Beans, Anchovies and Tomatoes

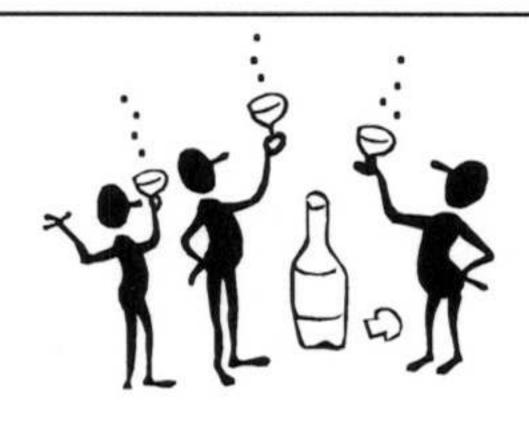
As the anchovies cook they fall apart, and as the olives roast they sort of infuse a smoky flavor with the tomatoes. Absolutely delicious!!!

#### Ingredients:

- 7 ounces of green beans
- 20 small cherry tomatoes
- 1 to 2 good handfuls of black olives (kalamata)
- 2 tablespoons extra virgin olive oil
- salt and freshly ground black pepper
- 4 (8 ounce) thick salmon steaks
- 4 lemons
- 1 handful fresh basil
- 12 anchovy fillets (jar or canned in oil)

Cut the ends off the green beans, blanch them until tender in salted boiling water – drain. Put in a bowl with the tomatoes and the stoned olives. Toss in the olive oil and a pinch of salt and pepper.

Give the salmon a quick wash under the tap and pat dry with paper towels. Squeeze the juice of  $\frac{1}{2}$  a lemon, salt and pepper and a little olive oil on both sides of the salmon. Preheat the oven and a roasting tray at the highest temperature. Put the salmon at one end of the roasting tray. Toss the basil into the green beans, olives and tomatoes and place this mixture at the other end of the tray. Lay the anchovies over the green beans. Roast in the preheated oven for 10 minutes. Remove from oven and serve with lemon quarters.



Happy Birthday!

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Happy Anniversary!

John Smith	Nov. 27th - 32 yrs.	
Dave Carswell	Nov. 15th - 22 yrs.	
Linda Fricker	Nov. 11th - 19 yrs.	
Janine Grespan	Nov. 9th - 17yrs.	
Ric Bon	Nov. 22nd - 6 yrs.	
Darryl Konynenbelt	Nov. 29th - 5 yrs.	
Mike Stratulat	Nov. 1st - 4 yrs.	
Jennifer Cipriano	Nov. 19th - 2 yrs.	
Melissa Schenk	Nov. 29th - 1 yr.	

The Results Are In ....

# ELECTION 2000 P

"Every action is either strong or weak, and when every action is strong we are successful". Wallace D. Wattles

In the time it has taken the state of Florida to count the ballots for the President of the United States, we have been through a ratings period, generating 7 feature series, a municipal election show and (Monday) we elected a Prime Minister with an outstanding show on CTV with great looking CKCO cut ins and updates.

Every department has contributed to the success of these endeavours. Hard work and determination has paid off. We used every resource available to us (plus a few others) to bring our viewers live reports from St. Jacobs, Party Central at The Brick, Brantford, Guelph and Cambridge. To Dave Melse and the Engineering team, thanks for going the extra mile and pulling this all together technically. To Paul Francescutti, Matt Richards, Jamie Niven, Paul Nyhout and the rest of the production team, thanks, and congratulations on a job well done. Our coverage was first rate. To Earl Pierson thanks for the expert scheduling that has been your nightmare for the past few months. To Cal Shaver and Alan Fraser and the crew at Party Central thanks for all of you efforts. To Warren Letson (Great catch on the 9:30 hit!) and the crew in the Art Department thanks for pulling these projects together while maintaining our on-air and Creative service needs. To all of the photogs and editors thanks for the great pictures and stories you have all contributed to, your efforts are appreciated. To Larry Rose, John Matlock and Dave Carswell and the Newsroom team thanks for the cooperation and team approach in brining all of these projects together.

To all involved, thank you for the extra effort and congratulations on a job well done!

Dave MacNeil
Operations/Production Manager

I would like to add my thanks to everyone as well. I thought this was the best election coverage we have ever pulled off. The show was slick, fast paced and right on the money

According to informed sources who were checking out the competition we were always ahead of them. Thanks for your hard work and dedication it really showed last night. You made us look great!

Dennis Watson
Vice President & General Manager

Congratulations to everyone who was part of our Federal Election coverage. We had an outstanding show. There were fast results from ridings in our area, good tight clips from the main players and first rate analysis. The coverage is a great credit to CKCO. We can take a lot of satisfaction that dedication and hard work on the part of so many people paid off. Thank you.

Larry Rose News Director

Congratulations to everyone for a job well done!
Thank you all for your hard work!



## SENTON BRAIT

# IF IT'S NEWS TO YOU...



IT'S
NEWS
TO US!

Submitted by David Imrie

Whew!!! It's all over but the counting...(the cost that is!). Two elections in two weeks...unlike the US...we got the results in good fasion...we've made it through the fall ratings...with series upon series...and now we've begun the countdown to Christmas.

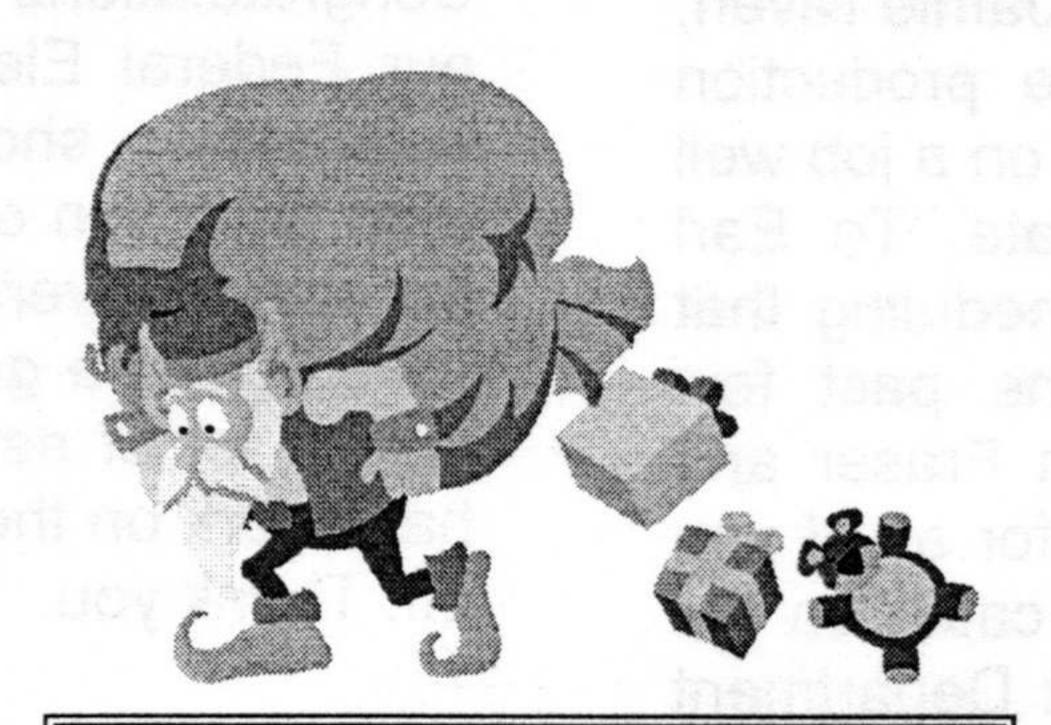
Dave Carswell and his election team are to be commended for pulling together two great shows...lots of coverage on local candidates...with the assistance of everyone in the field, the edit suite and master and production control. A true team effort to get the job done. A huge job it was...matching national production with our own lives from Guelph, St. Jacobs, Brantford, Waterloo and Cambridge...our coverage was enhanced by reports and clips from several other communities in our viewing area.

In the midst of all this...we're remembering and sending our prayers and best wishes to former colleagues and their families. John Haslip, who for many years provided our coverage in the Chatham area, passed away suddenly. I spoke with John just a few days before his death...he was in good humour...and thinking of us as he passed along a story idea.

He even offered to provide some "viewer viz" if we would be able to use it! John will be missed.

And many of us signed a card for **Gar Lewis** who is dealing with illness right now. Gar looks forward to hearing from his friends so if you're able to give him a call or drop him a line, please do so.

The fall season winding down...the display of student artwork is over...and soon we'll be humming all those songs of the season...our favourite Christmas carols. A few of the folks from news will be taking a few days break over the next little while. Some are (will be) staying close to home...catching up on a few errands...Christmas shopping or just spending time with family and friends...others will be flying off to exotic places for a little rest and relaxation. But the basement will continue to pump out all those local stories for the inserts, Noon, Six and late. We'll have the sights and the sounds of the season...along with the rest of the information our community needs to stay informed.



#### CKCO Alumni

The CKCO 25-Year Club meets on the second Tuesday of each month at the Concordia Club. Next lunch meeting is Tuesday, December 12<sup>th</sup> at 12:00 pm. See you there!

# CKCO IN YOUR COMMUNITY

CKCO-TV has been extremely active in the community this fall and will continue to be visible into the winter months.

November featured the ever popular Kitchener-Waterloo Santa Claus Parade, hosted by Tom Knowlton and Julie Marie Innes.

CKCO is proud to be a media sponsor of the "New Toys for Needy Kids" toy drive (Nov 1-Dec 23), in partnership with the Knights of Columbus. Be sure to drop off your new, unwrapped toy to Human Resources as part of CKCO's staff participation in this worthwhile event before December 22<sup>nd</sup>.

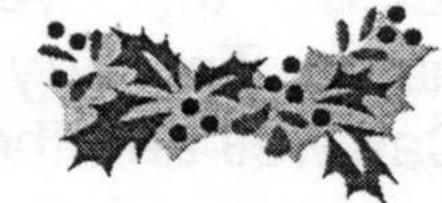
In December, CKCO will be the media sponsor of *Teddy Bear Night* (Dec 12<sup>th</sup>) and *M&M Food Bank Night* (Dec 15<sup>th</sup>) with the Kitchener Rangers.

CKCO will partner with KOOL-FM to be media sponsors of the *Stuff a Bus* campaign for the K-W Food Bank and Cambridge Self Help Food Bank (Dec 15-17<sup>th</sup>).

CKCO – helping to build a better community. For more information, please contact Janet Taylor at ext. 462.

HAVE A HAPPY & SAFE HOLIDAY SEASON.

PLEASE DON'T DRINK & DRIVE.



A message from your Health & Safety Committee

# SENTON BEST

## AMMOUNGING.

Cameron Crassweller is pleased to announce that **Melissa Merner** has been promoted to full time Traffic Clerk at CKCO.

Melissa joined CKCO in January of this year and has worked hard at understanding our traffic systems. This past fall she proved that she can handle the busy demands of the sales and traffic environment.

Congratulations Melissa!

Please join Larry Ernewein in welcoming Mike Stratulat in the Maintenance Department.

Mike started with CKCO on November 1<sup>st</sup> and can be seen throughout the building on Saturday mornings.

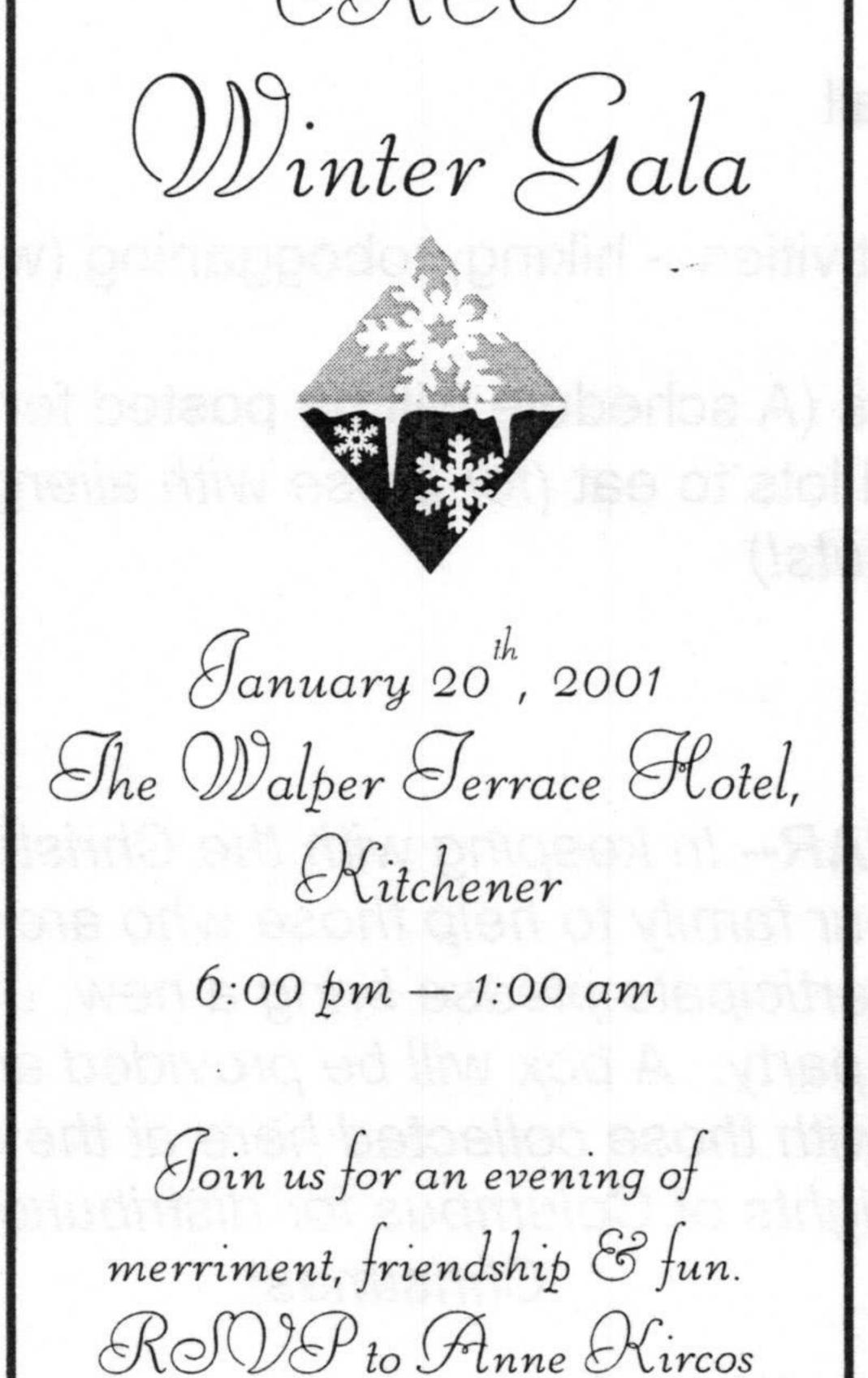
- Welcome aboard Mike!

#### UNITED WAY UPDATE

Congratulation to the staff of CKCO – we successfully raised a total of \$7,773.95 in this year's United Way Campaign. Thank you again for your generous support of this campaign – we can't do it without you!

Congratulations to Buck Dunseith, the winner of the Payroll Deduction Draw who will enjoy an extra week of vacation time!

HAPPY BIRTHDAY		
Jim Switzer	Dec 8	
Leslie Gordon	Dec 13	
Ute Neugebauer	Dec 14	
Michele Urban	Dec 14	
Edward Fox	Dec 18	
Christine Uhrig	Dec 20	
Dan Lauckner	Dec 22	



# HAPPY ANNIVERSARY

at Ext. 402.

Ron Molland	Dec 1 (20 yrs)
Peter Graham	Dec 1 (25 yrs)
Brent Hanson	Dec 7 (19 yrs)
Randy Steinman	Dec 18 (11 yrs)
Bob Coleman	Dec 12 (17 yrs)
Stephanie Watson	Dec 21 (2 yrs)

#### CANADA-PERU:

### The Heart-Links Connection

A typical Canadian vacation usually centers on a trip to the cottage or trailer. For five women from the London/Windsor area (and CKCO's Paul Francescutti), the destination is the Zana Valley in Northern Peru.

Heart-Links, a non-government organization in London, has been operating soup kitchens and special needs schools in the valley for 6 years, "linking" Canadians and Peruvians.

The camera of CKCO producer/director Paul Francescutti follows these women as they prepare the daily meal, teach lessons about Canada and experience life in a poor country.

The thirty-minute news special, CANADA-PERU: The Heart-Links Connection will air Sunday, December 17<sup>th</sup> at 6:30pm on CKCO.



Paul & his new PA Brollio.

#### **LUNCH & THE MOVIE**

If you are interested in a "Sneak Preview" of Paul's work you are invited to a Lunch next Wednesday, December 6<sup>th</sup> from 1:15 to 1:45 pm (location TBD).

The company will supply Pizza and beverages. Please RSVP to Anne Kircos at ext 402 by December 4<sup>th</sup>.



# The Children's Christmas Party will soon be here.... SATURDAY, DEC. 16/00 1pm to 5pm

We will be enjoying this year's Christmas Party at the YMCA Outdoor Centre at Paradise Lake, just outside of St. Clements.

#### A few highlights of the afternoon will be:

- Sing-a-long, crafts and games with Santa's Elves
- Face Painting
- Rock Climbing Wall
- Ropes Course
- Winter outdoor activities hiking, tobogganing (weather permitting)
- Mr. and Mrs. Claus (A schedule will be posted for family gift giving)
- Hot chocolate and lots to eat (for those with allergies- none of the food will contain nuts!)

AGAIN THIS YEAR-- In keeping with the Christmas Spirit, we encourage your family to help those who are less fortunate. If you'd like to participate please bring a new, unwrapped toy on the day of the party. A box will be provided and these gifts will be combined with those collected here at the station and given to the Knights of Columbus for distribution in time for Christmas!

If you have any questions about the Christmas Party or any other events, please call Linda Fricker ext.446.

